

POSITION DESCRIPTION

Position Title:	Clinical Exercise Physiologist - Lifestyle Management Programs.
Organisation Unit:	UQ Health Care Ltd, Logan Healthcare Centre.
Employment terms:	1.0 FTE, 12month contract, renewable.
Salary:	Negotiation.
Reports to:	Clinic Manager.

BACKGROUND

Organisational Environment

Metro South Hospital and Health Service (MSHHS), Griffith University (GU), The University of Queensland (UQ) Health Care, the Brisbane South Primary Health Network and Health and Wellbeing Queensland have formed an alliance to develop a model of integrated chronic disease care, which leverages the expertise and resources of a range of partners, recognising that successful prevention and management of chronic disease requires a collaborative approach. Key to the initiative will be the implementation of a proof of concept – Logan Healthcare Centre, that links treatment with prevention through a Lifestyle Management Program. The Centre has been established to pilot the model of integrated care that connects care for complex chronic disease and empowers patient self-management, with a view to subsequently developing a “Centre of Excellence” in Integrated Care for MSHHS (the Logan Health & Wellbeing Hub). The Logan Healthcare Centre will deliver Lifestyle Management Programs for Type 2 Diabetes Mellitus (T2DM) made possible through significant funding support from Health and Wellbeing Queensland (HWQld). In 2021, the focus will expand to combined diabetes/cardiac and diabetes/renal clinics, with GPs with special interests (GpWSIs) working alongside Endocrinologists, Cardiologists and Nephrologists to manage this patient cohort.

A multidisciplinary approach to address the physical, mental, social and economic determinants of chronic disease across the spectrum is required for a successful strategy which will include:

- A comprehensive lifestyle management program to activate the patient and achieve behaviour change and lifestyle modification
- Through existing partnerships with UQ, Griffith and UQ Health Care, an interprofessional team of allied health professionals will expand the model, with deployment of a student-infused allied health workforce in an environment of teaching and research;
- The program will compliment other HWQld and BSPHN programs and initiatives
- The Lifestyle Management Program will be delivered at the Logan Healthcare Centre and consist of:
 - Initial interprofessional assessment, group sessions (education, exercise), plus 1-on-1 consults, supported by technology (telehealth, shared eHR, devices and an app)
 - Exercise and diet plans; psychology to assist behaviour modification; pharmacist for medication management, and social work to address socioeconomic barriers

- Reassessments at 3 and 6 months to ensure continued motivation, connection to HWQId and BSPHN community-based programs for ongoing healthy lifestyle maintenance.

The university partners will design and implement an evaluation framework to assess the effectiveness of these new approaches to patient care, and leverage the depth and breadth of research talent across both universities to further contribute to clinical service development, as well as provide access to additional revenue streams through grant funding.

DUTY STATEMENT

Clinical Exercise Physiologist: Lifestyle Management Program, Logan Healthcare Centre.

This is a clinical/clinical education role involving the development of materials for and delivery of Lifestyle Management Program for Complex Type 2 Diabetes, persons with newly diagnosed diabetes and pre-diabetes (in the future).

Primary Purpose of Position

- To provide leadership in the development and delivery of the Exercise Physiology components of the Lifestyle Management Program.
- Identify and help establish opportunities for the Lifestyle Management Program's sustainable development, growth with a focus on addressing exercise and physical activity barriers to enable successful participant outcomes.
- Contribute to inter-professional team-based model of care, in an optimal student learning environment.

Duties and responsibilities to Include, but are not limited to:

Clinical Service Delivery:

- Provide direct clinical services to participants including interprofessional intake assessments, 1:1 consults, group exercise sessions, telehealth reviews and group education sessions as required to facilitate positive clinical outcomes.
- Guide, develop and deliver evidence-based exercise interventions for and with clients in conjunction with students and other clinical staff.
- Identify and address exercise and physical activity issues that may impact participant's wellbeing, chronic disease management and quality of life.
- Identify and address modifiable exercise and physical activity barriers for participants to attend and complete the Lifestyle Management Program journey.
- Work closely with the interprofessional team to assist in maximising the effectiveness of team interventions where identified exercise and physical activity barriers to participation have been identified.
- Demonstrate advanced clinical experience and judgement to identify and manage high risk clients.
- Model and promote the necessary skills to manage and assist behavior change for clients with chronic conditions.

- Assist in making appropriate connections and linkages to community-based providers for participants to access during and following attendance at the Lifestyle Management Program.
- Facilitate opportunities for social programming, early intervention and prevention initiatives.
- Contribute to the customisation of program materials for “hard to reach” and “at risk” populations for increased uptake and effectiveness of programs.
- Work with the Clinic Manager to contribute to Clinical Exercise Physiology components of effective Clinical Governance including clinical service reviews, clinical management software system reviews, risk management, clinical audit and review of patient feedback/surveys.
- Provide advice and assistance to ensure Clinical Exercise Physiology clinical practice materials are updated regularly to reflect current practice systems and processes.
- Work with the Clinic Manager and interprofessional team in aligning service delivery with the strategic direction of the centre and ensure these strategies are implemented effectively and efficiently.
- Model an awareness of professional and ethical standards and always abide by these standards.
- Provide continued service to clientele when students are off placement.

Clinical Prevention

- Contribution to the development of staff and student induction program inclusive of clinical prevention principles from a Clinical Exercise Physiology perspective.
- Active promotion and facilitation of prevention principles to be applied during Lifestyle Management journey for participants.
- Ensure all Clinical Exercise Physiology students complete prevention module as part of their induction process.

Clinical Education

- Participate in the fostering of the development of a positive environment where inter-professional models of education and delivery of care are able to flourish.
- Work with Clinic Manager and Clinical Education Liaison Managers (CELM’s) from UQ and Griffith University Clinical EP schools to ensure appropriate student education processes and models of clinical supervision to support students’ learning.
- Oversee Clinical EP student orientation covering information and guidance on policies and clinical procedures for service delivery within the Lifestyle Management Program.
- Provide clinically appropriate interprofessional supervision where required.
- Monitor, evaluate and report on student’s development of clinical and professional practice skills and knowledge using profession specific tools.
- Liaise with CELM’s and/or course coordinators regarding prospective Clinical EP student placement bookings and related administration.
- Provide feedback to students regarding their performance and strategies to improve performance in a timely and supportive manner
- Together with other clinical educator staff within the LMP, develop and implement inter-professional models of care and clinical supervision to support students’ learning as applicable for their existing knowledge and skills.

- Develop resources to assist students to meet their learning goals.
- Facilitate and moderate student-led group presentation sessions.
- Develop an environment that stimulates learning and allows students to assimilate theory and practice, at all times ensuring safe practice for the student, educator and clients.
- Liaise closely with CELMs and Clinic Manager if issues arise with student performance.
- Provide supervision where appropriate and within scope for other professions including physiotherapy, dietetics, social work and psychology.

Reporting Relationships

- You will report to the Clinical Manager, Lifestyle Management Programs, Logan Healthcare Centre.

Key Selection Criteria

Essential

- A Clinical Exercise Physiology Degree with current ESSA registration.
- Eligibility for a Medicare Provider Number.
- Experience in working with chronic disease populations.
- Demonstrated ability to facilitate student learning in clinical environments.
- Demonstrated ability to work effectively with technology, systems and software applications.
- Demonstrated ability to work collaboratively with colleagues and with high levels of initiative and autonomy. Ability to work independently and collaboratively with a wide variety of stakeholders and disciplines.
- Excellent communication and interpersonal skills (written/spoken).
- High level organisational, prioritisation and time management skills.
- Demonstrated advanced clinical experience and judgement to identify and manage high risk clients.
- Current QLD Paid Blue Card or ability to obtain one.
- Current National Police Check or ability to obtain one.
- Up to date immunisation evidence upon request.

Desirable

- Experience in the design, set up and delivery of programs for patients with chronic diseases.
- Experience in the evaluation of chronic disease related programs.
- Demonstrated ability to work effectively with adults with chronic diseases including people from a culturally and linguistically diverse backgrounds.
- Experience in working with BP Allied software system.
- Current Driver's License.
- Relevant post graduate qualifications.
- Dual qualification including Diabetes Education.

Application

Forward your application addressing the selection criteria (no more than 2 pages) included along with the cover letter attachment and current CV.

Applications close: 6th May 2021.

Send your application to: h.dove@uqhealthcare.org.au

Information for Prospective Staff

Further information about UQHC may be accessed on our web site at

<http://www.uqhealthcare.org.au>