

POSITION DESCRIPTION

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| Position Title: | Clinical Psychologist - Lifestyle Management Programs. |
| Organisation Unit: | UQ Health Care Ltd, Logan Healthcare Centre. |
| Employment terms: | 0.6 FTE, 12month contract, renewable. |
| Salary: | Negotiation. |
| Reports to: | Clinic Manager. |

BACKGROUND

Organisational Environment

Metro South Hospital and Health Service (MSHHS), Griffith University (GU), The University of Queensland (UQ) Health Care, the Brisbane South Primary Health Network and Health and Wellbeing Queensland have formed an alliance to develop a model of integrated chronic disease care, which leverages the expertise and resources of a range of partners, recognising that successful prevention and management of chronic disease requires a collaborative approach. Key to the initiative will be the implementation of a proof of concept – Logan Healthcare Centre, that links treatment with prevention through a Lifestyle Management Program. The Centre has been established to pilot the model of integrated care that connects care for complex chronic disease and empowers patient self-management, with a view to subsequently developing a “Centre of Excellence” in Integrated Care for MSHHS (the Logan Health & Wellbeing Hub). The Logan Healthcare Centre will deliver Lifestyle Management Programs for Type 2 Diabetes Mellitus (T2DM) made possible through significant funding support from Health and Wellbeing Queensland (HWQld). In 2021, the focus will expand to combined diabetes/cardiac and diabetes/renal clinics, with GPs with special interests (GpWSIs) working alongside Endocrinologists, Cardiologists and Nephrologists to manage this patient cohort.

A multidisciplinary approach to address the physical, mental, social and economic determinants of chronic disease across the spectrum is required for a successful strategy which will include:

- A comprehensive lifestyle management program to activate the patient and achieve behaviour change and lifestyle modification
- Through existing partnerships with UQ, Griffith and UQ Health Care, an interprofessional team of allied health professionals will expand the model, with deployment of a student-infused allied health workforce in an environment of teaching and research;
- The program will compliment other HWQld and BSPHN programs and initiatives
- The Lifestyle Management Program will be delivered at the Logan Healthcare Centre and consist of:
 - Initial interprofessional assessment, group sessions (education, exercise), plus 1-on-1 consults, supported by technology (telehealth, shared eHR, devices and an app)
 - Exercise and diet plans; psychology to assist behaviour modification; pharmacist for medication management, and social work to address socioeconomic barriers.

- Reassessments at 3 and 6 months to ensure continued motivation, connection to HWQId and BSPHN community-based programs for ongoing healthy lifestyle maintenance.

The university partners will design and implement an evaluation framework to assess the effectiveness of these new approaches to patient care, and leverage the depth and breadth of research talent across both universities to further contribute to clinical service development, as well as provide access to additional revenue streams through grant funding.

DUTY STATEMENT

Clinical Psychologist : Lifestyle Management Program, Logan Healthcare Centre.

This is a clinical/clinical education role involving the development and delivery of Lifestyle program material within the Lifestyle Management Programs for Complex Type 2 Diabetes, persons with newly diagnosed diabetes and pre-diabetes (in the future).

Primary Purpose of Position

- To provide leadership in the development and delivery of the Psychological components of the Lifestyle Management Program
- Identify and help establish opportunities for the Lifestyle Management Program's sustainable development, growth and positive outcomes for participants.
- Contribute to inter-professional team-based model of care, in an optimal student learning environment.

Duties and responsibilities to Include, but are not limited to:

Clinical Service Delivery:

- Provide direct Clinical Psychology services to participants within intake assessments, 1:1 consultation and group exercise and education sessions as required to facilitate positive outcomes.
- Work with the Clinic Manager and interprofessional team in aligning service delivery with the strategic direction of the centre and ensure these strategies are implemented effectively and efficiently.
- Identify and address psychological issues that may impact participant's wellbeing, chronic disease management and quality of life.
- Identify and address psychological barriers for participants to attend and complete the entire Lifestyle Management Program journey.
- Work closely with the interprofessional team to assist in maximising the effectiveness of other professions interventions where identified psychological barriers to progress have been identified.
- Ascertain the psychological impact of the social determinants of health contribution to participant's situation to assist in minimising their impact on chronic disease management and quality of life.

- Focus on psychological impact of disease progression and onset of complications and ensuing coping difficulties and negative impacts on function, QOL, sense of self roles and interpersonal relationships.
- Take a lead role in assisting participants and the interprofessional team in working with pre-morbid psychological disorders and provide strategies to minimize their impact on ability to effectively self-manage chronic disease.
- Provide necessary psychological support for newly diagnosed diabetes population with issues around adjustment, grief, fear, anger and enforced changes in lifestyle activities.
- Key role in the maintenance of self-management behaviors and coping skills including the delivery of booster education sessions.
- Address life-stage transitions and psychological impact on diabetes management.
- Work with the Clinic Manager to contribute to Psychology components of effective Clinical Governance including clinical service reviews, clinical management software system reviews, risk management, clinical audit and review of patient feedback/surveys.
- Provide advice and assistance to ensure clinical practice materials are updated regularly to reflect current practice systems and processes.

Clinical Prevention

- Reinforcement of prevention principles to be applied during Lifestyle Management journey for participants.
- Contribution to the development of staff and student induction program inclusive of clinical prevention principles of chronic disease from a psychology perspective.

Clinical Education

- Participate in the fostering of the development of a positive environment where inter-professional models of education and delivery of care are able to flourish
- Oversee Psychology student orientation, information and guidance on policies and clinical procedures for service delivery within the Lifestyle Management Program.
- Provide clinically appropriate interprofessional supervision where required.
- Monitor, evaluate and report on student's development of clinical skills and knowledge; utilizing profession specific tools and criteria.
- Liaising with University based clinical education liaison managers and/or course coordinators regarding student placement and assessments.
- Work with Clinic Manager and Clinical Liaison Managers from UQ and Griffith University Psychology schools to ensure appropriate student education processes and models of clinical supervision to support students' learning.
- Ensure all Psychology students complete prevention module as part of induction process.

Reporting Relationships

You will report to the Clinical Manager, Lifestyle Management Programs, Logan Healthcare Centre.

Key Selection Criteria

Essential

- A Clinical Psychology degree with current AHPRA registration.

- Eligibility for a Medicare Provider Number.
- Experience in working with chronic disease populations (Diabetes, Cardiovascular disease, Renal disease).
- Demonstrated track record improving the clinical management of chronic disease via the provision of psychosocial interventions aimed at empowering client self-management.
- Ability to facilitate student learning in clinical environments.
- Ability to work effectively with technology, systems and software applications.
- Ability to work collaboratively with colleagues and with high levels of initiative and autonomy.
- Excellent communication and interpersonal skills (written/spoken).
- High level organisational, prioritisation and time management skills.
- Ability to work independently and collaboratively with a wide variety of stakeholders and disciplines.
- Current QLD Paid Blue Card or ability to obtain one.
- Current National Police Check or ability to obtain one.
- Up to date immunisation evidence upon request.

Desirable

- Experience in the design, set up and delivery of programs for patients with chronic diseases.
- Experience in the evaluation of chronic disease related programs
- Proven ability to work effectively with adults with chronic diseases including people from culturally and linguistically diverse backgrounds.
- Experience in working with BP Allied software system.
- Current Driver's License.
- Dual qualification including Diabetes Education.

Application

Forward your application as a cover letter addressing selection criteria (no more than 2 pages) included along with cover letter and current CV.

Applications close: 6th May 2021.

Send your application to: h.dove@uqhealthcare.org.au

Information for Prospective Staff

Further information about UQHC may be accessed on our web site at <http://www.uqhealthcare.org.au>